

## **Providing Compassionate Help & Hope in the Valley of the Sun**

*This article was written by Eva Scholfield, Director of Development with Beatitudes Center DOAR. For more information she can be reached at 602-274-5022 or via email at [scholfield@centerdoar.org](mailto:scholfield@centerdoar.org)*

Beatitudes Center DOAR is about people helping one another. It's about Ruthie, a petite 95-year old lady who had outlived not only her husband, but her children and her friends. Her Beatitudes Center DOAR volunteer picks her up to go to the market every week. She has a smile on her face, and is ready to go. Yes, the shopping for her groceries is a necessity -- but more than that -- this is an outing that she looks forward to each week.

Our programs do much more than help homebound adults shop for food to put in the pantry, or make sure that they get to the doctor's appointment across town, or sort through bills and paperwork that have become hard to read. We create a compassionate link to help and hope, providing vital services that meet real needs. Beatitudes Center DOAR is a non-profit, interfaith organization dedicated to enhancing the quality of life for older adults and their families in the greater Phoenix area. Our community-based services, provided at no charge -- and with no income limitations -- assist families caring for loved ones, homebound adults, grandparents raising grandchildren, and congregational health & wellness programs.

Michiko's son was in the Peace Corps in Mongolia. She could only communicate with him via letters, which took over a month for delivery when delivery occurred at all. Michiko was assisted first with some simple home repairs through our Handyman service, provided by volunteers. Through that connection, we learned of her communications' frustrations. At first she was reluctant to participate in Beatitudes Center DOAR's computer program for homebound adults. Then, she agreed to be given a computer,

have internet service provided, and to be trained by our volunteer. All at no cost to her. Now, she regularly emails her son, and a host of others she can reach out to, expanding her horizons and opening up the world again.

Beatitudes Center DOAR is able to provide these services in our community through many funding sources including grants from corporations, foundations, and the government; our special events that are supported and organized by community volunteers such as Emily Kile -- ask her about our fabulous Poinsettia Tea on December 14, at the Hyatt Regency Scottsdale at Gainey Ranch; we have donors from all walks of life and businesses; and we are grateful to members of our Legacy Circle, individuals that are making a difference well into the future by remembering Beatitudes Center DOAR in their estate plans.

For more information about what Beatitudes Center DOAR's programs might do to assist you or your loved ones, to volunteer, or to find out more about donating or joining our Legacy Circle please call 602-274-5022 today.

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